



21 DAYS OF PRAYER, PREPARATION, TRANSFORMATION AND EXPANSION
A GUIDE TO SEEK FIRST GOD'S PRESENCE. GOD'S VOICE. GOD'S KINGDOM

DAY 1

What Comes First Shapes Everything Else

Scripture Focus:
Matthew 6:33

REFLECTION

Jesus speaks these words in the middle of human anxiety, worry about provision, security, and tomorrow. Rather than dismissing those concerns, He reorders them. "Seek first the kingdom of God and His righteousness, and all these things shall be added to you." Jesus doesn't deny that we need food, clothing, stability, or direction. He simply teaches that when God is placed at the center, everything else finds its proper place. Life becomes distorted when secondary things become primary things. This teaching is an invitation to trust God's order. When priorities are aligned, peace follows. During this fast, God is not just shaping habits—He is shaping focus. When attention is fixed on God's rule and character, anxiety loses its grip and clarity begins to grow. The promise Jesus gives is not excess, but sufficiency—what we truly need arrives when our lives are rightly ordered.

FOCUS QUESTIONS

1) What tends to compete for first place in your life when pressure or uncertainty increases?

2) How might your daily decisions look different if God's kingdom set the direction first?



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DAY 2 Expecting God Beyond the Possible

Scripture Focus:
Luke 1: 26-38

REFLECTION

One of the quiet dangers of faith is allowing our understanding of what is possible to limit our expectation of what God can do. Mary's encounter with the angel reminds us that God often steps into ordinary, overlooked spaces and announces extraordinary plans. Nazareth was insignificant. Mary was young, poor, and unknown. Yet God chose her as the vessel through which salvation would enter the world. The angel's words: "You have found favor with God" declare that divine purpose is not based on human qualifications, but on God's grace. God specializes in doing the impossible in unexpected places through unexpected people. Preparation requires expectancy. Mary didn't deny the reality of her situation; she simply trusted the reality of God. Her questions "How can this be?" was not rooted in doubt, but in faith seeking understanding. And when she surrendered with the words, "Let it be to me according to your word," she aligned herself with heaven's plan. As we fast and pray, God invites us to expand our expectation. What feels impossible to us is simply the space where God's power is most clearly revealed. When we seek Him first, we prepare our hearts to carry what only He can bring to life.

FOCUS QUESTIONS

1) Where have you quietly lowered your expectations because a situation feels impossible?

2) What would it look like for you to fully surrender this season to God with the words, "Let it be according to Your word"?



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DAY 3 Seek With Persistence

Scripture Focus:
Mark 10:46-52

REFLECTION

As Jesus passed through Jericho, Bartimaeus faced a critical moment: seek comfort in silence or seek Jesus at all costs. Blind, labeled, and pushed to the margins, he refused to let his condition or the crowd determine his response. Instead of calling Jesus by a common name, he cried out, "Son of David!" a declaration of faith that recognized who Jesus truly was. That kind of faith stopped Jesus in His tracks. When Bartimaeus sought Jesus before dignity, before approval, before fear he discovered that heaven responds to desperate, focused faith. Seeking first means refusing to let pressure silence your pursuit of God. Bartimaeus threw off his cloak, the symbol of his past survival, because he expected transformation not just relief. During this fast, God invites us to seek Him with that same urgency. When we place Jesus above voices, circumstances, and labels, we prepare our hearts for Him to move. Persistent prayer is not desperation—it is devotion. And when God becomes our first priority, we position ourselves to receive more than we asked for.

FOCUS QUESTIONS

1) What voices or pressures might be tempting you to quiet your pursuit of God in this season?

2) What would it look like for you to seek Jesus first with boldness and persistence today?



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DAY 4

Seeking God Under Pressure

Scripture Focus:
Daniel 6:10-21

REFLECTION

Daniel's greatest test didn't come when he was struggling it came when he was thriving. Elevated in influence, respected by leadership, and trusted with responsibility, Daniel faced pressure to compromise what had always sustained him. When a law was passed making prayer illegal, Daniel didn't panic, negotiate, or adjust his devotion. He did what he had always done he prayed. By seeking God first instead of political safety, public approval, or personal preservation, Daniel revealed that faithfulness is not seasonal. When culture shifted, his priorities didn't. Seeking first means staying consistent when compromise would be easier. Daniel didn't wait until the crisis passed to pray prayer was already his priority. During this fast, God is reminding us not to abandon the disciplines that brought us this far. When we seek God first before fear, convenience, or comfort we discover that even lions' dens can become places of divine encounter. Faithfulness may cost you in the moment, but it positions you for God's protection and presence.

FOCUS QUESTIONS

1) Where might pressure be tempting you to adjust your devotion or convictions?

2) What daily practice helps you seek God first and how can you protect it during this season?



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DAY 5

Finding God in the Tough Times

Scripture Focus:
Luke 13:10-13

REFLECTION

For eighteen years, this woman lived bent over physically restricted, socially overlooked, and spiritually burdened. Yet Scripture tells us something powerful: despite her condition, she kept showing up in the synagogue. Long before her body was made straight, her priorities already were. She sought God first, even when life had her twisted out of shape. She didn't wait to feel better to worship; she worshiped while still burdened. And on an ordinary Sabbath, in a familiar place, Jesus saw her. Her breakthrough didn't begin with healing—it began with faithfulness. Seeking first means choosing God's presence over your pain. This woman didn't know Jesus would be teaching that day, but she trusted that being in the right place mattered. And when Jesus spoke, He didn't just fix her posture, He freed her completely. During this fast, God reminds us that showing up matters. When we seek Him first before relief, answers, or understanding we position ourselves for transformation. One encounter with Jesus can straighten what life has bent for years.

FOCUS QUESTIONS

1) In what area of your life have you been "bent" but still faithful?

2) How can you intentionally seek God's presence this week, even before circumstances change?



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DAY 6
An Unusual Invitation

Scripture Focus:
1 Samuel 1:8,9

REFLECTION

Hannah's breakthrough didn't begin with a child, it began with a decision. Pushed by disappointment, provoked by ridicule, and surrounded by tension, she finally got up from the table and went to pray. The irritation in her life was not meant to destroy her; it was designed to move her. Instead of allowing discomfort to harden her heart, Hannah let it drive her toward God. When she sought the Lord first, before defending herself, before settling for comfort, before giving up her pain became the doorway to prayer. Seeking first means choosing prayer over passivity. Hannah refused to let gifts, relationships, or temporary comfort replace God's intervention. In the place of prayer, she found peace before she ever found a promise. During this fast, God may be using pressure to reposition your priorities. What feels like irritation may actually be God's invitation to seek Him first and step into what He has already designed.

FOCUS QUESTIONS

1) What pressure or irritation might God be using to draw you closer to Him?

2) Where do you need to get up and seek God in prayer instead of remaining comfortable?



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DAY 7

Knowing Who Holds the Foundation

Scripture Focus:
Matthe2 16:13-19

REFLECTION

Jesus' question to the disciples wasn't casual, it was clarifying: "Who do you say that I am?" The crowd had opinions, respectful ones even, but opinions were not enough to carry what was coming next. Peter's response stood apart because it wasn't borrowed or rehearsed—it was personal. "You are the Christ, the Son of the living God." In a place filled with false gods and empty worship, Peter recognized the difference between reputation and revelation. What sustained him wasn't what he heard about Jesus, but what had been revealed to him through experience. Everything that followed! Blessing, identity, purpose, and authority flowed from that moment of clarity. Lives, churches, and futures are only as strong as what they are built on. When Jesus is clearly known, not assumed or redefined, stability follows even in hostile environments. As this fast continues, God invites us to check our foundation not our activity, not our familiarity, but our conviction. Knowing who Jesus is for yourself anchors you when culture shifts, pressure rises, and opinions change.

FOCUS QUESTIONS

1) How would you personally answer Jesus' question: "Who do you say that I am?"

2) What experiences in your life have helped shape your understanding of who Jesus truly is?
